**MENTAL HEALTH**

A Cognitive Connection 719-464-7665

Adult Youth & Family Counseling Services 719-442-1779

Amber Butler- Adult/Child Counselor 719-442-0250

Associates in Counseling 719-598-0982

Ayuda- Mental Health, Spanish Speaking 719-459-6710

Carrie Dowdy LPC-Military and Families 719-648-5618

Cathy Groundlund-Adult/Child Counselor 719-210-5997

Cheyenne Mountain Counseling & Wellness Ctr 719-225-4065

Colorado Counseling & Counseling Services 719-444-0250

Counseling Partners-Mental Health& Addiction 719-634-1240

Creative Pathways Counseling 719-446-6772

Dan Spadaro LPC, Families 719-310-2211

Denise Laliberte, Individual, Family, Couples 719-475-0877

Depression Bipolar Support Alliance (DBSA) 719-477-1515

Denise Laliberte- Adult/Child Counselor 719-475-0877

Diane Buscarello- Indiv/ Family Therapy 719-520-1711

Doug Randolph- Therapyworks 719-322-4745

Dr. Judith Lee- Indiv/Adol/Families 719-641-4564

Due North Counseling- Specialty with GLBTQ 719-640-1200

El Pueblo- Adolescent Treatment Center 719-404-1107

Franciscan Community Counseling 719-955-7008

Haven House- Drop In Center 719-578-1181

Heart and Soul Counseling Services 719-488-3333

Inner Harmony Therapy Services 1-800-661-6323

Janet Jones-Child Counselor 719-264-6835

Jeri Sutton-Shores, LPC, EMDR 719-475-1434

Journey’s Counseling in Woodland Park 719-687-6927

Kimberly Templin-Adult/Child Counselor 719-337-8128

Krista Johnson- Child Counselor 719-632-2663

Kirsten A. Bilzing- Adult/Child Counselor 719-229-3012

Maggie Ellias LCSW-Adult/Child/Family 719-213-7939

Marlene Milner- Transpersonal Psychology 18+ 719-520-3999

Meghan Gordon-Adult/Child Counselor 720-841-4167

**MENTAL HEALTH**

Michael Galvin PhD 719-634-4444

National Alliance on Mental Illness (NAMI) 719-473-8477

New Heights Behavioral Health (Disabilities) 719-344-6379

Parkview Behavioral Health in Pueblo 719-584-7327

Rita Lewis -Individual, Family Therapy 719-357-7772

Rockies Counseling Center 719-442-0606

Shera Smith-Adult/Child Counselor 719-287-0147

Spanish Peaks in Pueblo 719-545-2746

Terry Klein, LMFT, individual, Couples, Family 719-599-8888

The Counseling Couch 719-473-6612

The Lotus Center for Self Discovery, Inc 719-229-8280

Valerie Montgomery, LPC 719-598-7100

**ADDICTION & RECOVERY**

1st Alliance Treatment Services 719-510-6571

ACI Counseling Services- $10 DUI Classes 719-646-2748

Alano House 719-520-1732

Alcoholics Anonymous 719-573-5020

Al-non & AL-A-Teen 719-632-0063

Art of Redirection Counseling 719-593-9228

Ayuda IOP ,Spanish Speaking Therapist 719-459-6710

Beyond Milestones 719-573-5606

Bridge to Awareness IOP in Colo Spgs 719-471-2514

Bridge to Awareness IOP in Fountain 719-390-4652

Bridge to Awareness IOP in Pueblo 719-296-1366

Cocaine Anonymous Hotline 719-448-0110

Colorado Quit Line 1-800-784-8669

Cripple Creek Rehab & Wellness Center 719-689-2931

CrossRoads Turning Points Pueblo Detox 719-546-6666 ext 2

Crossroads Turning points Pueblo 719-924-9511

Crystal Meth Anonymous 719-440-4282

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Non-Resource

& Sliding Scale Referrals for *Mental Health,*

Physical Health

Wellness

&

For the

Colorado Springs Metro Area

**ADDICTION & RECOVERY**

El Paso County Detox Center 719-390-2046

Genesis Outpatient Substance Abuse Center 719-632-3510

Harbor House Collaborative 719-473-5557

Hoffler & Associates Counseling 719-599-0047

Motivational One on One Counseling 719-661-2446

Narcotics Anonymous 719-637-1580

Phoenix MultiSport 719-434-3387

Recovery Systems 719-578-5433

Sober Living House 719-388-3376

**SHELTERS**

Alano Houses 719-520-1732

Interfaith Hospitality Network 719-329-1244

J & J New Beginnings 719-323-3138

Posada in Pueblo 719-545-8776

Salvation Army 719-578-9190

Shelters in Pueblo 719-545-8195

Urban Peak for Youth 719-630-3223

Veterans House 719-667-5588

Wayside Cross Rescue Mission-Pueblo 719-545-5744

Winter Warming Shelter, New Hope Center 719-578-9190

**HELP LINES/HOT LINES**

Aspen Pointe Crisis Center 719-635-7000 Metro Crisis Services 1-888-885-1222

Partnership for Prescription Assistance 1-888-477-2669

Pikes Peak United Way info and Referral Line 211

Resource Advocacy Center 719-633-1822

Suicide prevention Hotline 1-800-273-TALK

Tessa 719-633-3819

**AGENCIES/CENTERS**

Centro de la Familia Therapists speak Spanish 719-227-9170

Department of Human Services 719-636-0000

Ecumenical Social Ministries 719-228-6797

El Paso County Health Department 719-578-3199

Fountain Valley Senior Services 719-520-6471

Inside Out Youth Services 719-328-1056

Kids in need of Dentistry 719-227-1018

Marion House SET Clinic 719-475-2097

Mission Medical Clinic 719-219-3402

Peak Parent Center- Disability Advocates 719-531-9400

Peak Vista Community Health Centers 719-632-5700

Pikes Peak Suicide Prevention 719-573-7447

Pikes Peak Workforce Center 719-667-3700

Pueblo Suicide Prevention Center 719-564-6642

Senior Information and Assistance Center 719-471-2096

SET Family Medical Clinic 719-776-8850

Southern Colorado Aids Project (S-Cap) 719-578-9092

The Independence Center 719-471-8181

Vet Center 719-471-9992

Veterans Administration 719-327-5697

**AGENCIES/CENTERS**

Colorado Springs Pregnancy Center 719-591-2609

Colorado Springs Pride Center 719-471-4429

Comom-Free Dental for Children/Adults 719-598-5161

C.U. Center on Aging 719-471-4884

**ADDITIONAL RESOURCES/NOTES**