



## BUILDING RESILIENCY THROUGH HORSEMANSHIP (YOUTH CLASS)

Join us at our scenic ranch for 3 days of fun-filled activities learning the basics of being a cowboy or a cowgirl. Learn basic horsemanship and participate in equine-assisted learning where you learn to understand horse behaviors, how to lead and work with horses on the ground, grooming, safety around horses, how to properly care for horses, equipment used with horses and basic riding skills. You will be able to take the lessons you learned and apply them in everyday life. Other activities include interaction with other farm animals, arts, crafts, and outdoor fun.







Instructors are Certified Horsemanship Association (CHA) and PATH certified.

## DATES:

16-18 June 2020 8:00am – 1:30pm (Bring Sack Lunch) 14-16 July 2020 8:00am – 1:30pm (Bring Sack Lunch) 4-6 August 2020 8:00am – 1:30pm (Bring Sack Lunch)

Age Groups: 10 - 17 y/o

Cost: \$250

Where: Holistic Therapeutic Equine Center

@ Split Pine Ranch

15385 Black Forest Road, Colorado Springs, CO

Additional Information Call Cindy @ 719-337-4496

